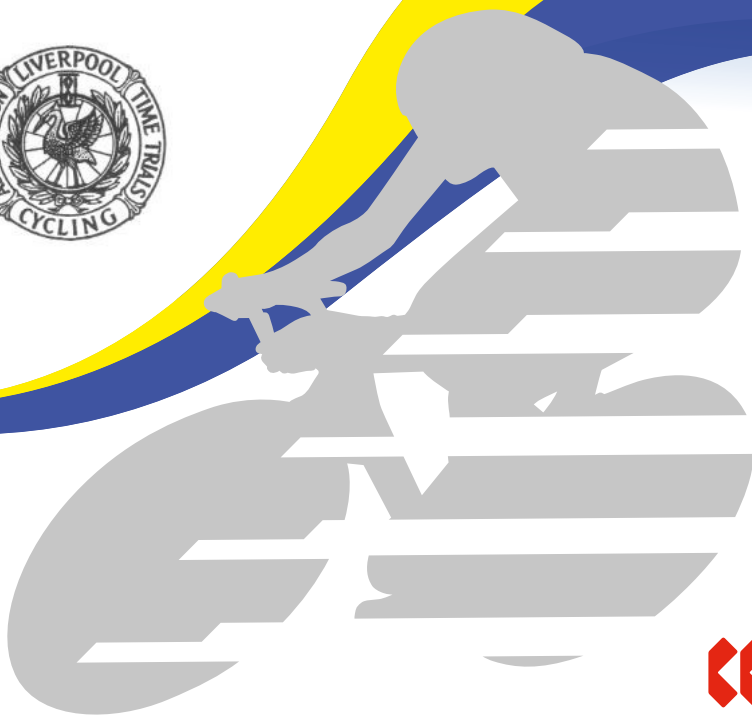


WCTTCA & LTCCA on behalf of Liverpool DC  
Present:

# RTTC 12 HOUR TIME TRIAL NATIONAL CHAMPIONSHIP

SUNDAY 13th AUGUST 2023

START SHEET



12 HOUR TIME TRIAL



Promoted for and behalf of Cycling Time Trials  
under its Rules, Regulations and Conditions



# 2023 RTTC 12 HOUR TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representative will be in attendance



## CHAMPIONSHIP AWARDS

Champions Celebration - 20th January 2024



## OVERALL

- |     |  |
|-----|--|
| 1st | Gilt RTTC Medallion, Championship Trophy, Jersey & Cap |
| 2nd | Silver RTTC Medallion                                  |
| 3rd | Bronze RTTC Medallion                                  |

## WOMEN

- |     |  |
|-----|--|
| 1st | Gilt RTTC Medallion, Championship Trophy, Jersey & Cap |
| 2nd | Silver RTTC Medallion                                  |
| 3rd | Bronze RTTC Medallion                                  |

## TEAM CHAMPIONS

(Men & Women)

Gilt RTTC Medallions and Championship Shield

## AGE AWARDS

(Men & Women)

age awards to the fastest in each of the following:

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

West Cheshire TTCA



Liverpool TTCA



Manchester & District TTA



Merseyside Ladies CA



# Associations 12 Hour



## 12 Hour

# National Championship

First rider starts at

**06:01 hours on**

**Sunday 13<sup>th</sup> August 2023**

promoted for and on behalf of Cycling Time Trials under  
its rules, regulations and conditions  
Incorporating the V.T.T.A. 12 Hour National Championship



## **Event Organiser**

Roger Squire

Erw Las, Village Road, Llandegla, LL11 3AW

Tel: 07525055435 Email: rogersquire7@gmail.com

Any complaints should be sent to the event organiser, in writing, within 48 hours of the finish.

## **Timekeepers**

Edwin Hargraves & Ian Price

Martin Jackson & John Jackson

Sandra & Geoff Chaplin

Kate Wooder & Dominic McGuinness

## **Course Controller**

Jon Williams & Sam Williams

Any issues on the day or any abandonments please call the course controllers on 07753612619.

## **Event HQ**

Farndon Community Club, Sibbersfield Lane, Farndon, Cheshire, CH3 6NX

Toilet facilities available from 05:00 - 08:00 and from 16:00 - 21:00

**Please follow our Facebook or Twitter page for latest updates:**

**[www.facebook.com/groups/792733474105744](http://www.facebook.com/groups/792733474105744)**

**[Twitter.com/MerseyRoads24](https://twitter.com/MerseyRoads24)**

**CYCLING TIME TRIALS**  
**NATIONAL CHAMPIONSHIP AWARDS**

**MEN**

- 1<sup>st</sup>**            **RTTC Medallion, Championship Trophy, Jersey & Cap**
- 2<sup>nd</sup>**            **RTTC Medallion**
- 3<sup>rd</sup>**            **RTTC Medallion**

**WOMEN**

- 1<sup>st</sup>**            **RTTC Medallion, Championship Trophy, Jersey & Cap**
- 2<sup>nd</sup>**            **RTTC Medallion**
- 3<sup>rd</sup>**            **RTTC Medallion**

**TEAM AWARDS**

**First Team of three men**

**First Team of three women**

**Age Group Awards:**

**furthest distance in the following age categories – MEN & WOMEN**

**A – 40-44**

**B – 45-49**

**C – 50-54**

**D – 55-59**

**E – 60-64**

**F – 65-69**

**G – 70-74**

**H – 75-79**

**Awards and prizes – eligibility**

Only riders whose names appear in the official result qualify for awards

## ASSOCIATIONS 2023 AWARDS

Greatest Distance:	£100
2nd Greatest Distance:	£80
3rd Greatest Distance:	£60
4th Greatest Distance:	£40
Team of 3 Riders with GD:	£20 each
2nd Team of 3 Riders with GD:	£15 each
Tandem	£25 each

### M.L.C.A

Lady, with the Greatest Distance: £40 donated by the Merseyside Ladies, and will hold the Burma Cup for one year

### W.C.T.T.C.A Members only:

Greatest Distance:	£20 and will hold the Pullan Trophy for one year & West Cheshire Medal
Veteran best AAD:	£20 & West Cheshire Medal
Lady, Greatest Distance:	£20 & West Cheshire Medal
Team of 3 Riders with GD:	£12 each & West Cheshire Medal

### L.T.T.C.A Members only:

Greatest Distance:	£25 and will hold the Percy Brazendale Trophy for one year
2nd Greatest Distance:	£20
3rd Greatest Distance:	£15
Best Novice:	Plaque
Team of 3 Riders with GD:	to hold the Lewis Shield for one year

### M.&D.T.T.A Members only

Greatest Distance:	To hold the Alec Rea Trophy for one year
Lady, Greatest Distance:	To hold the Edith Massey Trophy for one year
Best Novice:	To hold the Saddle Trophy for one year
Team of 3 Riders with GD:	To hold the L.H. Brookes Trophy for one year

**Thank you to the following who have donated to this years event**

Congleton CC  
Mersey Roads Club  
Merseyside Ladies Cycling Association

## V.T.T.A. CHAMPIONSHIP AWARDS

All awards are determined by the VTТА

The VTТА 12 Hour National Championship will be taking place in parallel with the RTTC National 12 Hour Championship. The VTТА is open to all riders aged 40 or over. The VTТА will be making awards for the best performances on VTТА age adjusted for the top three men, top three women, top club and top group. To be eligible for these awards riders must be paid up members on the closing date. The VTТА will be publish the VTТА Championship results at [www.vtta.org.uk](http://www.vtta.org.uk) shortly after the event.

1st on Age Adjusted Distance: To hold the Jim Painter for one year

First Male on AAD: Gold medal, jersey and cap

Second Male on AAD: Silver medal

Third Male on AAD: Bronze medal

First Female on AAD: Gold medal, jersey and cap

Second Female on AAD: Silver medal

Third Female on AAD: Bronze medal

First Tandem on AAD: Gold medals

First Club Team of three riders on AAD: Medals

First Group Team of three riders on AAD: Medals

### **Note on eligibility**

To be eligible for Championship awards, riders must be paid-up VTТА members at the closing date for entries and have linked online VTТА and CTT accounts (so their membership can be automatically verified).

Riders who are aged 39, but who will be aged 40 by the day of the Championship, may apply to the Championship organiser to be included on condition that they will have completed an online membership application prior to the day of the championship which the organiser can check.



WCTTCA & LTTC Tandems

Number	Start Time	Name	Club / Team	Cat
1	6:01:00	Hannah Fawcett	Liverpool Braveheart Bicycle Club	Wom
1	6:01:00	Brigid Night	Frodsham Wheelers	Wom
3	6:03:00	Norman Harvey	Sotonia CC	
3	6:03:00	Mary Corbett	Sotonia CC	Wom
RTTC National 12 hour Championship				
Number	Start Time	Name	Club / Team	Cat
5	6:05:00	Joe Adlam-Cook	Cambridge University CC	
6	6:06:00	Malcolm Strickland	CC Bexley	F
7	6:07:00	Paul Ashman	Swindon Wheelers	B
8	6:08:00	Paul Looke	Shaftesbury CC	D
9	6:09:00	Ben Cox	Fibrax Wrexham RC	
10	6:10:00	Carolyn Chambers	North Argyll CC	Wom
11	6:11:00	Stuart White	Beacon Roads CC	A
12	6:12:00	Samuel Woodfield	Rule 28 x ATP Performance	
13	6:13:00	Richard Tennant	Manchester Triathlon Club	
14	6:14:00	Alan Broadbent	Graham Weigh Racing-Deeside Olympic	B
15	6:15:00	Theresa Taylor	Springfield Financial Racing Team	Wom E
16	6:16:00	Andrew Sudell	Barrow Central Wheelers	C
17	6:17:00	Katie Simmonds	Horsham Cycling	Wom
18	6:18:00	David James Williams	Velotik Racing Team	A
19	6:19:00	Paul Blackburn	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	A
20	6:20:00	Graham Noble	Graham Weigh Racing-Deeside Olympic	B
21	6:21:00	Daniel Chesters	Warrington Road Club/Horton Light Engineering	B
22	6:22:00	Corinne Clark	Swindon Wheelers	Wom
23	6:23:00	David Glossy	Elysium Kalas Race Team	C
24	6:24:00	Tamsin Vicary	Barrow Central Wheelers	Wom
25	6:25:00	Roger Squire	Fibrax Wrexham RC	C
26	6:26:00	James Neale	North Shropshire Wheelers	A
27	6:27:00	Niall Kenyon	Graham Weigh Racing-Deeside Olympic	
28	6:28:00	Barrie Whittaker	Lyme Racing Club	F
29	6:29:00	Laurence Hewetson	Bristol Road Club	B
30	6:30:00	Richard Warren	Liverpool Braveheart Bicycle Club	C
31	6:31:00	Kevin Wood	Sherwood CC	E
32	6:32:00	Matt Rizzo-Naudi	Cambridge University CC	
33	6:33:00	Clifford Degraff	Velo Club Cumbria	D
34	6:34:00	Barry Murphy	Graham Weigh Racing-Deeside Olympic	A





35	6:35:00	Richard Sharp	ADDFORM Vive Le Velo	A
36	6:36:00	Jamie Pleavin	Liverpool Century RC	C
37	6:37:00	Chris Shaw	Fenland Clarion CC	E
38	6:38:00	Andrew Askwith	Vive Le Velo	D
39	6:39:00	Nigel Briggs	South Pennine RC	E
40	6:40:00	Sean McDougall	Icknield RC	C
41	6:41:00	Malcolm Cox	Velo Club St Raphael	D
42	6:42:00	Michael John Loughran	Liverpool Century RC	F
43	6:43:00	Philip Jones	Peterborough CC	E
44	6:44:00	Paul Blamire	Amersham Road Cycling Club	B
45	6:45:00	Paul Russell	Springfield Financial Racing Team	D
46	6:46:00	Colin Hayes	Liverpool Century RC	C
47	6:47:00	Trevor Halstead	Gainsborough Aegir Cycling Club	F
48	6:48:00	Lee Williams	FTP ( Fulfil The Potential ) Race Team	
49	6:49:00	Philip Wilkinson	Rockingham Forest Wheelers	C
50	6:50:00	Miles Haslam	Buxton CC/Sett Valley Cycles	E
51	6:51:00	Philip Elms	Bishop's Stortford CC	D
52	6:52:00	Graham Hurrell	Basildon CC	E
53	6:53:00	Sien Van der Plank	New Forest CC	Wom
54	6:54:00	David Parkin	Velotik Racing Team	
55	6:55:00	James Wood	West Suffolk Wheelers	E
56	6:56:00	Sean Sanders	Drighlington BC	C
57	6:57:00	Kim Barfoot-Brace	Team Bottrill	Wom A
58	6:58:00	Timothy Welsh	Cambridge CC	
59	6:59:00	Ian Casson	Birkenhead Victoria CC	G
60	7:00:00	Toby Williams	Velotik Racing Team	
61	7:01:00	Grace Reynolds	Brother Uk - Team OnForm	Wom
62	7:02:00	Geraint Catherall	Anfield BC	B
63	7:03:00	Tom Thornely	FTP ( Fulfil The Potential ) Race Team	A
64	7:04:00	Ian Peacock	Leek CC - Den Engel Belgian Bar	G
65	7:05:00	Adam Whittaker	FTP ( Fulfil The Potential ) Race Team	
66	7:06:00	Gary Simpson	Yorkshire Road Club	D
67	7:07:00	Joanna Cebrat	360cycling	Wom A
68	7:08:00	Alexander Royle	Manchester Bicycle Club	
69	7:09:00	Stephen Skinner	Velo Club St Raphael	F
70	7:10:00	Michael Barnes	Royal Air Force Cycling Association	
71	7:11:00	Arthur Winstanley	Liverpool Phoenix CC (Aintree)	F
72	7:12:00	Andrew Whiteside	Springfield Financial Racing Team	B
73	7:13:00	Brian Fogarty	Fogartys Insurance Tri Team	
74	7:14:00	Tom Hutchinson	Team Bottrill	

## **RIDERS INSTRUCTIONS**

Any incidents should be reported immediately to the organiser Roger Squire 07525 055435.

At traffic lights riders must obey the highway code and STOP if the light is red.

Local regulation: Riders must not ride on tri bars within 25 metres of entering and 15 metres of exiting Prees Heath & Tern Hill Roundabouts.

Under Cycling Time Trials (CTT) regulations you MUST wear a hard shell helmet that meets an internationally accepted safety standard.

It is mandatory that a working front and rear light, either flashing or constant, are fitted to the machine and are active at the start of the event.

Riders who decide to abandon the event must let the officials know as soon as possible. You must sign off.

Support vehicles must be registered, please complete your form in advance and bring it with you. Please put in the box on the signing on table.

Course controller may direct riders to omit or repeat certain parts of the course, support teams should find out from the marshals if their rider is to be detoured.

Please take extra care on the Quina Brook circuit when joining the A49.

Riders must ensure their race numbers are visible at all times.

Please ask your support crew to behave safely and wear Hi Visibility clothing.

Please park considerately and think of other competitors, road users and residents.

Course details 2023

**Only the fastest riders will complete the full course.**

Riders will be moved onto the next section of the race at the discretion of the course controller. This will depend upon the speed at which the fastest riders complete each section. Pay attention to the marshals at all times.

All distances are given in miles and decimal parts thereof.

**Bold text** indicates a mileage reference point.

	Inter.	Cumul
<b><u>Section one</u></b>		
From Farndon Community Club (HQ) to the start		
turn right out of gate then left on the A534,		
continue for 3/4 mile to the start in first lay-by		0.00
continue on A534 to Broxton Island	2.89	2.89
where Right on A41. Straight on via Hampton		
Heath RAB		
<b>to RAB (Grindley Brook)</b>	8.73	11.62
Right via A49/A41 (Whitchurch outer by-pass)		
Straight on at RAB (Wrexham Rd.) on A49/A41		
and take 3 <sup>rd</sup> exit at <b>RAB (Wem Rd)</b>	2.27	13.89
to continue on A49/A41 via Whitchurch south		
RAB		
where Right along dual carriageway (A49/A41)		
<b>to RAB (Prees Heath)</b>	1.70	15.59
<b><u>Section two</u></b>		
From Prees Heath follow A41 to <b>RAB (Tern Hill)</b>	6.98	22.57
where Right on A53 to <b>RAB (Espley)</b>	3.33	25.90
where Left on A442 to <b>RAB (Shawbirch)</b>	9.39	35.29
where encircle & retrace to <b>RAB (Espley)</b>	9.43	44.72
where encircle & retrace to <b>RAB (Shawbirch)</b>	9.39	54.11
where encircle & retrace to <b>RAB (Espley)</b>	9.43	63.54
where encircle & retrace to <b>RAB (Shawbirch)</b>	9.39	72.93
where encircle & retrace to <b>RAB (Espley)</b>	9.43	82.36
where Right on A53 to <b>RAB (Tern Hill)</b>	3.34	85.70
where Left on A41 to <b>RAB (Prees Heath)</b>	6.92	92.62
sharp Left at 1st exit of RAB & take A49		
southbound to <b>RAB (Battlefield Church)</b>	13.99	106.61
where encircle & retrace to <b>RAB (Prees Heath)</b>	14.02	120.63

**Section three: Quina Brook circuit**

(1 lap = 12.62 miles)

Inter.

Commence circuit at RAB (Prees Heath)

Straight on at 1<sup>st</sup> exit (*NOT the service road*)

via A49/A41 to RAB (**Wem Rd**) where **Left on**

**B5476**

1.66

122.29

via Tilstock & Quina Brook.

Turn **Left on unclassified road**

5.15

127.44

Proc. to 'T' junction with A49 where **Left on A49**

2.20

129.64

Proceed on A49 via Prees by-pass to RAB (**Prees Heath**)

3.61

133.25

to complete the circuit

*Repeat this circuit as follows.*

**RAB (Prees Heath) 2<sup>nd</sup> time**

12.62

145.87

**RAB (Prees Heath) 3<sup>rd</sup> time**

12.62

158.49

**RAB (Prees Heath) 4<sup>th</sup> time**

12.62

171.11

**RAB (Prees Heath) 5<sup>th</sup> time**

12.62

183.73

**RAB (Prees Heath) 6<sup>th</sup> time**

12.62

196.35

**RAB (Prees Heath) 7<sup>th</sup> time**

12.62

208.97

Proceed to Wem Rd. RAB Straight on along

1.66

210.63

A49/A41 to RAB (**Wrexham Rd**)

1.43

212.06

where Left on A525 (SP Wrexham)

Continue via Cross Lanes (**junc. A525/B5130**)

***CAUTION! YOU MUST STOP IF TRAFFIC LIGHTS ARE ON RED***

Proceed Straight on and take 2<sup>nd</sup> exit at RAB

11.19

223.25

again 2<sup>nd</sup> exit at **next RAB**

0.78

224.03

again 2<sup>nd</sup> exit at **next RAB**

0.11

224.14

Straight on at **next RAB**

0.44

224.58

again Straight on at **next RAB**

0.27

224.85

**Left at 'T' junction**

0.10

224.95

at Wrexham Industrial estate RAB encircle and retrace

To TK1

1.36

226.31

Finishing circuit details

*one lap = 9.01 miles*

	Inter	
to commence circuit southbound at <b>TK1</b>	0.00	226.31
To 'T' Junction Left on B5130 ( <b>TK2</b> )	2.60	228.91
pass <b>TK3</b>	3.15	232.06
to junction with A534.		
Left on A534 to RAB (Llan-y-pwl)		
Left to Wrexham Industrial Estate RAB		
take 3rd Exit to complete the 1 <sup>st</sup> lap at <b>TK1</b>	3.26	235.32

Lap N <sup>o</sup>			
2	<u>TK2</u>	<u>TK3</u>	<u>TK1</u>
2	237.92	241.07	244.33
3	246.93	250.08	253.34
4	255.94	259.09	262.35
5	264.95	268.10	271.36
6	273.96	277.11	280.37
7	282.97	286.12	289.38
8	291.98	295.13	298.39
9	300.99	304.14	307.40
10	310.00	313.15	316.41
11	319.01	322.16	325.42
12	328.02	331.17	334.43

**On the finishing circuit**

Once a riders 12 hours has elapsed they should keep riding until they reach either TK1 TK2 or TK3. Final mileage will be extrapolated based on the speed between the TK passed before your time elapsed and the TK after time elapsed.

### Marshalling Schedule

Principal Time Keeper	Edwin Hargraves
Time Keeper/recorder 1	Edwin Hargraves & Ian Price
Time Keeper/recorder 2	Martin Jackson & John Jackson
Time Keeper/recorder 3	Sandra Chaplin and Geoff Chaplin
Time Keeper/recorder 4	Kate Wooder and Dom McGuinness
Course Controller	Jon Williams and Sam Williams
Recorder	

Location	Job	Approx Time	Names/Clubs
<b>Section 1</b>	Course Marshal		????
Start		6:00	Edwin Hargraves
Broxton Island	RAB – Right turn	6:05	Chester RC
Grindley Brook	RAB – Right turn	6:30	Anfield BC
Wrexham Road Island	RAB – Straight on	6:30	Graham Weigh RT
Wem Road Island	RAB – Right	6:30	North Wirral Velo
Whitchurch South	RAB – Right	6:30	SIGNS ONLY
Section 1	Last rider marshal		????
<b>Section 2</b>	<b>Course Marshal</b>		
Tern Hill	RAB – Right turn/time check	7:00	Birkenhead Victoria
Espley (x4)	RAB – Left turn & time check	7:10	Wrexham Fibrax
Shawbirch (x3)	RAB – Encircle	7:30	North Shropshire Wheelers
	Lap/Time Check	7:30	North Shropshire Wheelers
Tern Hill	RAB – Left turn & time check	10:00	Birkenhead Victoria
Prees Heath Island (entrance from Tern Hill)	RAB – turn left 1 <sup>st</sup> exit & time check	10:00	Mersey Roads
Battlefield Island	RAB – encircle and time check	11:00	Mid Shropshire Wheelers
	Approx 100mile time check		?????
Section 2	Last rider marshal		?????

<b>Section 3</b>	Course Marshal		?????
Prees Heath Island	RAB – straight on 2 <sup>nd</sup> exit	11:30	Birkenhead North End
	Lap/time check		
Wem Road Island	RAB – Left turn & time check	11:35	Liverpool Pheonix
	Lap/time check		
Quina Brook	Left turn & time check	11:45	Port Sunlight Wheelers
Prees Green	Left turn & time check	11:50	Liverpool Century
Section 3	Last rider Marshal		????
<b>Section 4</b>	Course Marshal		????
Wrexham Road Island	Left turn & time check	14:30	Liverpool Braveheart
Finishing Circuit		15:00	M&DTTA
Section 4	Last rider marshal		?????

The most important thing when marshalling is to ensure your own safety. DO NOT STAND IN THE ROAD. Wear a Hi-vis jacket.

During the 12-hour event the Time Check cards completed by marshals are very important. If you don't see a riders number please just write the time and a ? in the number column.

When marshalling at a roundabout please have somebody standing at the entrance point of the roundabout indicating which way to turn and the exit point showing the way so it is as clear as possible where the riders must go. If you have enough marshals then cover all the exits from the roundabout to ensure riders do not take the wrong one.

**PLEASE USE APPROPRIATE CYCLE EVENT WARNING SIGNAGE**

## Previous Winners of the Open 12

1962 G.P. Hughes	Birkenhead N.E.	252.306 miles
1963 G.P. Hughes	Birkenhead N.E.	250.315 miles
1964 W.K. Aitken	Crewe Wheelers	251.221 miles
1965 E.G. Richards	Merseyside Wheelers	260.155 miles
1966 A. Ashworth	Birkenhead N.E.	263.008 miles
1967 D.F. Short	Liverpool Eagle R.C.	257.177 miles
1968 J. Leach	Clayton Velo	245.693 miles
1969 E.G. Richards	Merseyside Wheelers	252.084 miles
1970 J. Atkinson	Mersey Roads Club	239.956 miles
1971 D.J. Wooton	Port Sunlight Wheelers	248.239 miles
1972 R.C. Goodfellow	Beacon Roads C.C.	255.466 miles
1973 A.R. Masterson	Birkenhead N.E.	249.700 miles
1974 A. Roberts	Chester R.C.	248.449 miles
1975 K. Boardman	Birkenhead Victoria C.C.	252.872 miles
1976 P. Guy	Chester R.C.	254.813 miles
1977 P. Guy	Chester R.C.	254.347 miles
1978 M. Judge	Seamons C.C.	244.796 miles
1979 G.C. Smith	Merseyside Wheelers	253.298 miles
1980 K.S. Denny	Liverpool Century R.C.	250.817 miles
1981 P. Guy	Mid Shropshire Wheelers	261.625 miles
1982 A.R. Masterson	Birkenhead N.E.	255.455 miles
1983 G.C. Smith	Merseyside Wheelers	262.262 miles
1984 K. Crosbie	Merseyside Wheelers	252.945 miles
1985 N.R. Oakley	Wrexham R.C.	269.163 miles
1986 C.M. Mellor	Holme Valley Wheelers	250.894 miles
1987 J.J. Parker	Wrekinsport C.C.	246.266 miles
1988 P.S. Kavanagh	VC Halton	258.228 miles
1989 P.S. Kavanagh	VC Halton	254.369 miles
1990 K. Silvester	Mid Shropshire Wheelers	242.49 miles
1991 P. Guy	Mid Shropshire Wheelers	248.85 miles
1992 P.B. Goodfellow	Sheffield Univ. C.C.	260.41 miles
1993 Nick Gardiner	Oxford Polytechnic C.C.	276.81 miles
1994 Keith Murray	North Wirral Velo - Kodak	257.97 miles
1995 Roy Hodgkinson	Crewe Clarion Wheelers	270.99 miles
1996 Tim Phillips	Worcester St. Johns C.C.	246.76 miles
1997 Paul Costain	Port Sunlight Wheelers	261.80 miles
1998 Eamonn Deane	Bournemouth Jubilee Wheelers	273.80 miles
1999 Keith Murray	Pete Read Racing-Steve Goff	262.46 miles
2000 Steve Davies	Seamons CC	257.25 miles
2001 Nick Giles	Warrington Road Club	264.21 miles
2002 Robert Nelson	Dukinfield Cyclists Club	259.61 miles
2003 Darren White	North Shropshire Wheelers	262.16 miles
2004 Chris Hopkinson	Matlock C.C.	260.28 miles



2005 Neil Skellern	Congleton Cycling Club	267.11 miles
2006 Neil Skellern	Congleton Cycling Club	269.12 miles
2007 Neil Skellern	Congleton Cycling Club	267.60 miles
2008 Andrew Wilkinson	Port Sunlight Wheelers	283.12 miles
2009 Andrew Wilkinson	Port Sunlight Wheelers	302.46 miles
2010 Neil Skellern	Congleton Cycling Club	276.89 miles
2011 Andy Bason	Team Peddle Revolution	302.80 miles
2012 Mark Turnbull	Leigh Premier Road Club	286.89 miles
2013 Grigor Wallace	Team Midland Racing	288.02 miles
2014 Ultan Coyle	Feather Cycles Racing	280.61 miles
2015 Rob Townsend	Team Swift	292.46 miles
2016 Victor Chetta	Mid Shropshire Wheelers	282.66 miles
2017 Victor Chetta	Mid Shropshire Wheelers	288.93 miles
2018 Andy Jackson	AeroCoach	284.58 miles
2019 Ben Norbury	Congleton Cycling Club	282.68 miles
2020 Adam Wild	GS Metro	295.30 miles
2021 David Parkin	Chorley Cycling Club	282.96 miles
2022 Adam Taylor	Wigan Wheelers Cycling Club	270.64 miles

## Previous Holders of the MLCA Burma Cup

1963 C.Hawes	Merseyside Wheelers	221.775 miles
1964 A. Bradburn	Merseyside Wheelers	222.570 miles
1965 W. Boulton	Exodus R.C.	216.629 miles
1966 J. Kershaw	Liverpool Eagle R.C.	248.248 miles
1967 R. Williams	Liverpool Eagle R.C.	225.559 miles
1970 C. Moody	Birdwell Wheelers	220.740 miles
1975 A.D. Hooton	Prescot Eagle R.C.	177.903 miles
1976 J. Pierce	Merseyside Wheelers	193.871 miles
1979 J. Colman	Scarborough Paragon C.C.	203.934 miles
1983 J. Kershaw	Prescot Eagle R.C.	224.742 miles
1984 E. Carpenter	Southborough Wheelers	212.048 miles
1986 L. Meliia	Mersey Roads Club	206.938 miles
1988 S. Hiley	St. Anne's C.C. Ormskirk	183.698 miles
1989 S. Hiley	St. Anne's C.C. Ormskirk	203.116 miles
1991 L.E.A. Taylor	Walsall R.C.C.	210.13 miles
1992 C. Roberts	Crewe Clarion Wheelers	253.92 miles
1993 L.E.A. Taylor	Walsall Roads C.C.	234.03 miles
1994 C. Roberts	Crewe Clarion Wheelers	256.78 miles
1995 C. Roberts	Crewe Clarion Wheelers	248.83 miles
1996 L.E.A. Taylor	Walsall Roads C.C.	242.15 miles
1997 C. Roberts	Crewe Clarion Wheelers	244.14 miles
1998 C. Roberts	North Shropshire Wheelers	247.42 miles
1999 C. Roberts	North Shropshire Wheelers	245.30 miles
2000 C. Roberts	North Shropshire Wheelers	248.77 miles
2001 L.E.A. Taylor	Walsall Roads C.C	249.02 miles
2002 L.E.A. Taylor	Walsall Roads C.C.	244.48 miles
2004 Ann Wooldridge	Walsall Roads C.C.	228.21 miles
2005 Lynne Entwistle	Lyme Racing Club	187.23 miles
2006 Lynne Taylor	Walsall Roads C.C.	232.80 miles
2007 Christine Roberts	North Shropshire Wheelers	235.45 miles
2008 Jane Kew	Weaver Valley C.C.	210.60 miles
2009 Christine McLean	Shetland Wheelers	236.85 miles
2010 Deborah Hales	Cestria CC	218.47 miles
2011 Lynne Taylor	Born to Bike RT	252.55 miles
2012 Jenny York	Mid Shropshire Wheelers	218.64 miles
2013 Helen Bennett	Cadence RT	230.74 miles
2014 Hannah Fawcett	Liverpool Bravehearts	223.62 miles
2015 Jasmijn Muller	Paceline RT	256.41 miles
2016 Pauline Atkinson	Seamons CC	231.24 miles
2017 Christina Mackenzie	Stirling Bike Club	246.60 miles
2018 Hannah Fawcett	Liverpool Braveheart	223.95 miles
2019 Jill Wilkinson	Chester RC	240.95 miles
2020 Christina Mackenzie	Stirling BC	251.93 miles
2021 Michelle Fairclough	Salford Cycling Club	211.23 miles
2022 Hannah Fawcett	Liverpool Braveheart	224.69 miles

# **This event may be subject to a Doping Control**

**It is your responsibility to check**

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

**Remember, it is up to you to check and ensure that  
you comply**

If required you must report to Doping Control after finishing without delay



# 2022 12 HOUR TIME TRIAL CHAMPIONS



Tim McEvoy



Christina MacKenzie



[www.cyclingtimetrials.org.uk](http://www.cyclingtimetrials.org.uk)



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# NOTES TO COMPETITORS

## NUMBERS: CHAMPIONSHIP CONDITION 2( j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

**USE OF MOTOR VEHICLES** :As this event is over 100km regulation 22 (c) must be adhered to - (c) Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other competitor shall be liable to disqualification from the event. Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

## REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## REGULATION 14(j)

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## REGULATION 15

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

## REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a)The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b)In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

## THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is upto you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay



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